

# BRYNN ALBANESE

**Concert Violinist • Certified Music Practitioner  
for Dignity Health-Central Coast of California  
•End of Life Doula**

***"Music Is Medicine"** A science based musical presentation exploring how frequencies, vibration, and organized sound-which is music; supports healing, connection, and our humanity.*



## THE PRESENTATION

- Therapeutic musical presentation blending **music, science, and storytelling**
- Explores **frequency, vibration, and organized sound (music)**
- Features musical/verbal **stories of patients and staff** from medical facilities
- Emotional, engaging, compassionate, and unforgettable
- Connects the arts, medicine, and humanity in a powerful way
- **The art and science of providing therapeutic music for body, mind & spirit**



## WHY MUSIC MATTERS

- Supports emotional regulation and human connection
- Reduces anxiety and stress
- Offers comfort at end of life
- Restores dignity and presence in healthcare settings
- Grounded in science and real-world clinical practice



## BOOK BRYNN ALBANESE

- Motivational speaking/therapeutic music presentations available
- For more about Brynn, please visit: [www.brynnalbanese.com](http://www.brynnalbanese.com)



## CERTIFIED MUSIC PRACTITIONER

- **Provides Certified Therapeutic Music sessions** in: hospitals, skilled nursing facilities, memory care centers, cancer infusion suites, behavior wellness, addiction treatment and for the developmentally disabled.
- **Believes integrated care can transform our healthcare system and coupling the complementary care of live therapeutic music and conventional allopathic medicine together treats the Whole Person: Body, Mind & Spirit."**



## PROFESSIONAL TRAINING

- Graduate, **Music for Healing & Transition Program (2022) mhttp.org**
- Trained by the **International End of Life Doula Association, inelda.org**
- Certified Music Practitioner, **Dignity Health Central Coast of California**



## SPEAKING & ENGAGEMENT

- Applying to **TEDx**
- Ideal for:
  - Healthcare organizations
  - Conferences & symposiums
  - Educational institutions
  - Wellness & community events
  - Faith-based & human-centered organizations